



NATTC
WORKPLACE ASSESSMENTS
ASSISTIVE TECHNOLOGY
SUPPLY AND TRAINING
WORKPLACE COACHING

**Are you
Neurodivergent?**

**What reasonable
adjustments
could you ask for
in your
workplace?**



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**RECEIVING THE
MEETING
AGENDA IN
ADVANCE**

**AUDIO ONLY
VIRTUAL
MEETINGS**

**RECORD AND
TRANSCRIBE
MEETINGS**

**THINGS YOU
COULD ASK
YOUR EMPLOYER
FOR**

**SUBTITLES FOR
ONLINE
MEETINGS**

**OBJECTS TO
FIDGET AND
STIMULATE
DURING
MEETINGS**

**A MESSAGE
PRE-MEETING
TO
LET THEM
KNOW
WHAT IT IS
ABOUT**



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**WORKING
INDEPENDENTLY
RATHER THAN IN
GROUPS**

**DIFFERENT WORK
TIMES TO AVOID
THE BUSY
COMMUTE**

**THERAPY/
COUNSELLING**

**THINGS YOU
COULD ASK
YOUR EMPLOYER
FOR**

**SUPPORTIVE
COACHING
FOR ALL
STAFF**

**SENDING
ACTION
POINTS AFTER
THE MEETING**

**WALKING
MEETINGS TO
FEEL LESS
PRESSURE**



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**STANDING
DESK**

**NOISE
CANCELLING
HEADPHONES**

**QUIET OR
SENSORY
ROOM**

**THINGS YOU
COULD ASK
YOUR EMPLOYER
FOR**

**ROCKING
FOOTSTOOL**

**MAP OF THE
OFFICES**

**DESIGNATED
DESK**



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**WRITTEN
INSTRUCTIONS**

**TRAINING
ON THE
EFFECTS OF
DISABILITIES**

**REGULAR
CATCHUPS
WITH YOUR
MANAGER**

**THINGS YOU
COULD ASK
YOUR EMPLOYER
FOR**

**FLEXIBLE
WORKING
HOURS**

**ABILITY TO
WORK FROM
HOME OR
HYBRID
WORKING**

**SPECIFIC AND
CLEAR
INSTRUCTIONS**



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**TRAINING FOR
STAFF ON HOW
TO ASSIST
COLLEAGUES
WHO ARE ND**

**AVOIDING LOUD
OFFICES AND
FINDING QUIET
SPACES TO
WORK FROM**

**EXTEND
DEADLINES
WHEN TIMES
GET TOUGH**

**THINGS YOU
COULD ASK YOUR
EMPLOYER
TO DO**

**CREATE 'FAKE'
DEADLINES -
MAKE THINGS
APPEAR MORE
URGENT**

**UNDERSTANDING
THAT 100%
LOOKS DIFFERENT
FOR EVERYONE**

**SHOW MORE
ATTENTION TO
THE TASKS
ACCOMPLISHED
OVER HOURS
SPENT**

CONTACT US TO FIND OUT MORE ABOUT HOW
NATTC WORKS TO SUPPORT NEURODIVERSE
PEOPLE IN THE WORKSPACE:



- Access to Work Needs Assessment
- Workplace Needs and Progress Assessment
- Support for Applications for Access to Work Funding
- Sourcing and Installing Correctly Assistive Technology
- Expert Assistive Technology Training and Workplace Coaching
- Neurodiversity Awareness Training